DAILY ACTIVITIES:



• <u>WALKING:</u> - In climatecontrolled banquet room, twenty-five (25) laps equals a mile



• OUTSIDE WALKING
TRAIL: - Each lap equals 1/3
Mile.



• <u>FITNESS ROOM:</u> Open for your convenience Monday – Friday from 8:00 a.m. to 3:45 p.m. (We ask that you please register at the front desk when using the fitness room.)





• <u>CARDS:</u> - Card tables available for your use on a daily basis.



• <u>BILLIARDS/POOL</u>: Pool tables available Monday – Friday from 8:00 a.m. to 3:45 p.m. except Wednesdays from 1:00 p.m. to 3:45 p.m.

RAINBOW MESSENGER MAY, 2009

• <u>COMPUTER LAB:</u> - The computer lab is available for your personal use daily. **FREE** computer assistance is available every Wednesday morning from 9:00 to 10:30 a.m. Ryan and Jack are here to assist you and answer your questions regarding computer. Come in and let them help you out!!

REGULAR SCHEDULED ACTIVITIES:



• EXERCISE CLASS meets Monday and Thursday mornings at 9:00 a.m. We meet in the Banquet Room. Our exercises are designed to help

keep your joints limber.

TLC CLASS (Tender Loving Craft Class): Come and join the new TLC Class (Tender Loving Crafts). Everyone age 55 and older is welcome to come and take part. The classes are fun and educational and a super way to meet new people. We will meet in the Craft Room on Tuesday's 9:00 a.m. to 12:00 p.m. The studio fee is \$3.00 per session. Project supplies will be at cost.

May 5th - Floral Wreath

May 12^{th—} Pour Turtle & Frog Mold

May 19th— Clean Greenware

May 26th— Paint or Glaze "Masterpiece"

• During this month the Arts and Crafts Department will be open extended hours. On Tuesday afternoon's from 1:00 to 3:00 p.m. all crafty people are invited to come, bring along their crafts projects and ideas. This time has been set aside so you can come in and see what the craft department has to offer you. Be sure to come and bring a friend. It's time to start taking advantage of what is available.



• <u>SINGING SENIORS</u>: The Singing Seniors meet on

Friday mornings at 9:30 a.m. at the Habig Center.

On Friday, May 15th we will be singing at The Waters in Huntingburg at 9:30 a.m. Come join them some



• <u>BINGO</u> will be held on **Tuesdays, May 12th, and 26th** beginning at **12:00 noon.** We ask you to keep bills to \$5 and under or correct change.

Thanks for your cooperation. Cost \$1.00 per card to play all 50 games and \$.25 to play in the two coveralls. Beginning at 11:30 a.m. someone will be there to collect.

time. Please note the time change!



be held on Mondays, May 4th and 11th from 9:00 a.m. to 3:00 p.m. All quilters are

welcome to attend and lunch will be provided. We appreciate all the quilting that you do for us!!



CARD TOURNEYS:

Thursday, May 7th
Rum Tourney
Thursday, May 21st
Cinch Tourney

Games start at 12:00 (noon) and last till at least 3:00 p.m. \$1.00 entry fee is requested and prizes will be given away. Please sign up by 10:00 a.m. the morning of the tourney. We will play six (6) games per tourney except rum, 7 games. Hope you'll join us.

As the tourneys come around I'll be passing out our tourney survey. Please fill this out and return to me as soon as possible. Majority of votes will decide what rules we'll be playing by. We definitely need your opinion on what you want given out for prizes: 1st, 2nd and 3rd or 1st, 2nd and booby? Also, can a husband and wife start out at the same table?

• CATERED MEAL: Join us for our catered meal on Thursday, May 28th, at 11:30 a.m. at the Center. This month our menu will be: Minute Steak w/Mushroom Gravy, Mashed Potatoes, Green Beans, Creamy Cole Slaw and Unsweetened Iced Tea. Catering by Meyer will be fixing this delicious meal for us! Cost of the meal is \$7.25 payable that day. Please call your reservations in to the Center by 3:00 p.m. on Thursday, May 21st. Hope you can make it.

Speaker—"MUSIC OF OUR TIME" Tom Byrd a Jasper resident will be our after lunch speaker on Thursday, May 28th at 12:45 p.m. His topic will be "MUSIC OF OUR TIME". This talk will have a bit of everything, including: history—the beginning of country music, do you know how Big Bands got started, little known trivia, plus facts about the songs and stories about the singers. Hope you'll join us the 28th. Be here at 12:45 p.m. to hear Tom's talk.

RAINBOW MESSENGER MAY, 2009



• <u>CROCHET CLUB</u> will meet at 1:00 p.m. on Monday, May 4th. Any Senior Citizen who crochet is wel-

come to join the club. We'll be sharing patterns. Bring your crochet hook, thread/yarn and pattern to crochet. New ladies are always welcome. Notice we will meet the first Monday for now.

*****SPECIAL ACTIVITIES:*****

• LUNCH BUNCH: This month join us at the Millhouse Restaurant (corner of Mill & 14th Streets) on Tuesday, May 19th at 11:00 a.m. As usual it's dutch treat. Come out to enjoy good food with friends! Reservations are due by 3:00 p.m. on Monday, May 11th to the Center. Hope we'll see you at the Millhouse.



• <u>BOOK CLUB:</u> Our next meeting will be Wednesday, May 13th at 1:00 p.m. Anyone who likes

to read is welcome to join the Center's Book Club. The first book we'll be reading is: "The Spellman Files" by Lisa Lutz, it is available at the library and in paperback. The June book is "Salem Falls" by Jodi Picoult and it's in paperback also. Please bring suggestions for July's book and also a name for the club to the May meeting. If you can't make it, give us a call with your name and suggestions.



MEDICATION COLLEC-

TION: Mark your calendars for Friday, May 1st. It's the Spring Medicine Collection date. Locations and times are as follows:

- Birdseye, Haysville and Ireland Fire Stations at 9:30 a.m. to 10:30 a.m.
- Jasper (6th Street), Huntingburg and Ferdinand Fire Stations at <u>11:30 a.m.</u> to 1:30 p.m.

Please take advantage of this free opportunity to safely dispose of unneeded medicines. Help us keep our environment clean!

- SUNDAYS: The Center will be open Sundays from 1:00 to 4:00 p.m. for your enjoyment. Thanks for offering to open the Center. We're still looking for volunteers to open on Sundays especially Mother's Day Sunday, May 10th and Memorial Sunday, May 24th. Please call the Center at 482-4455 if you can open for us.
- THE HABIG ROOM: The Habig Room will be open for touring by appointments. Call the office at: 482-4455 to set up a time that is convenient for you. Thank you.
- <u>CENTER CLOSED:</u> The Center will be closed Monday May 25th for Memorial Day Holiday. Have a safe Holiday!!

FUTURE ACTIVITIES:

- **CASINO AZTAR:** The trip is scheduled to leave the Armory at 9:30 a.m. on Wednesday, June 10th at the Jasper High School South Parking Lot. Pick-ups can be made at Huntingburg upon request. Sign-ups start at the Center at 1:00 p.m. on Tuesday, May 5th in the Banquet Room. Someone will be in there to hand out tickets starting at 12:30 p.m. Each person can sign-up to four (4) Dubois County Senior Citizens at one time. This trip will be run the same as the last one. Cost is \$6.00 for: discounted transportation, free buffet lunch and \$5.00 cash coupon from Casino Aztar. Please bring correct change. You need to fill out the manifest on the way to Casino Aztar. Don't forget your ID in case you hit the big one!!
- **DERBY DINNER TRIP:** A trip to Derby Dinner Playhouse is scheduled for Wednesday, June 24th. We'll leave the Jasper High School South Parking Lot at 10:15 a.m. for the matinee performance of "LEADING LA-**DIES".** According to Derby Dinner this "uproariously funny comedy follows two actors as they scheme to inherit an Old Lady's fortune by pretending to be her long lost nieces. The only problem is they are actually men!" Sounds like you'll get plenty of good laughs attending this one. Sign-ups start by phone at 7:30 a.m. on Wednesday, May 6th. (Anyone wishing to get on in Huntingburg or Ferdinand, please let us know when signing-up.) Cost of the trip will be \$45.00 which includes: transportation on a charter coach, buffet, ticket, tax and gratuity. Money is due by 3:00 p.m. on Wednesday, May 27th. PLEASE BRING CORRECT CHANGE. Thank you and hope you can join us for this play.

RAINBOW MESSENGER MAY, 2009

NOTICE: Trips leaving from Jasper High School South Parking Lot, please park between the gym and woods. Thank you!





- 2nd Dorothy Schepers
- 5th Linus J. Kluemper
- 6th Lavon Propes
- 7th Ardella Wilmes
- 7th Bertha Seger
- 9th Mary Brelage
- 14th Kenny Schepers
- 15th Jim Gramelspacher
- 22nd Esther Schroeder
- 24th Alberta Harris
- 24th Frank E. Lee
- 27th Rosemary Schneider
- 31st Mabell Schitter





5th Mr. & Mrs. Paul Campbell

CHECK YOUR CLOSETS: Have you checked your closet lately? We have several nice jackets left here outside of the Community Room. If you think they are yours, please claim them. Thank you!!



RECIPE EXCHANGE:

SWEEDISH NUT CAKE

- 2— Cups Sugar
- 2—Cups Flour
- 2—Eggs
- 2—Teaspoon Vanilla
- 1—Teaspoon Soda
- 3/4—Cup Pecans
- 1—Can Crushed Pineapple Bake at 350° for 35 Minutes

Icing

8 oz. Cream Cheese

1—Stick Butter

1-1/4 - Cups Powdered Sugar

Mix together.

Cool completely before frosting then add nuts

Submitted by: Virginia Mundy

Please submit your recipes. Thank you!!